Welcome to WAFCS 2019 Spring News Update

WAFCS in the Spotlight!

National Teacher Nominee of the Year
Dawn Boyden

National Distinguished Service Award
Margaret Viebrock

Washington Teacher of the Year
Robert Hand

Visit the amazing accomplishments of Dawn and her students as they used their culinary skills to meet a need in their community page 3.

Review Margaret’s passions for and contribution to our field on page 2.

See Robert’s innovative teaching techniques with his inspired students on page 4.

Register by May 31, 2019 to save for advanced registration. Early bird registration is now closed.

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Margaret Viebrock
2019 Distinguished Service Award AAFCS

Margaret Viebrock, CFCS, CNWE has been selected to receive the 2019 Distinguished Service Award (DSA) from the American Association of Family and Consumer Sciences (AAFCS). The DSA established in 1979 is the most prestigious honor in family and consumer science, recognizing professional achievement and sustained leadership. The award will be presented during the “Awards Dinner – Celebrating the STARS of AAFCS” in St. Louis, Missouri, during the AAFCS 110th Annual Conference and Expo in June, 2019.

She is the Director Washington State University Extension, Douglas Chelan Counties. Amongst many qualities, Margaret is well-known for her outstanding educational programs. Her Women, Farms & Food project is a “flag-ship” program that meets the needs of women farmers in five states and helps them manage their farming risks. She has been actively engaged in developing Family and Consumer Sciences programs to improve the lives of individuals and families since 1970. She was instrumental in initiating the national testing to elevate the CFCS credentialing process and has consistently lead the way in defining and standardizing operating procedures with many association committees.

Constantly looking for new ways to help people, she founded a program that helps Latino business people find success, developed educational programs to address farm family challenges, and has supported professional family and consumer science associations with active membership and presentations at the state and national level.

“Family and consumer science is constantly changing, and that’s what keeps it satisfying,” said Viebrock. “The job is ever-changing as I try to meet people’s learning needs, whether it’s diabetes prevention, helping women farmers be successful, working with consumers, food preparers and restaurant managers on safe cooking and canning, or helping families improve their parenting skills.”

Margaret is an active member of the Washington Affiliate of AAFCS. Margaret serves as Treasurer for our Washington Affiliate. She is also instrumental in taking a hard look at how to meet the demanding needs of our profession by challenging us all to make a difference while serving our profession. Kudos and many thanks for all that Margaret does to instill in us the need to support families in our vastly changing society. See Margaret in action.
Although Dawn was not chosen as a finalist for the award she states that she learned much from the process. We applaud her efforts and assistance from members of our Executive Board. In Dawn’s words...

I am especially grateful to LynDee Lombardo and Margaret Viebrock. Each of them spent many hours reviewing the application and my resume to better meet the requirements of the award. Although my application was not selected, this process has been especially helpful in reviewing the current course frameworks to make all learning experiences and student evaluations reflect the national FCS Standards and to meet student needs now and for the future. In addition, the application process encourages certification through AAFCS. As a result, I am now a certified nutrition and wellness educator. I also plan to start the process for National Board certification in the Fall.

Students from her Culinary Arts program-

An Inclusive Environment for ALL Learners is a culinary program that teaches students nutrition, practical food preparation for their families and culinary food service. Students obtain state and nationally accredited food safety certification, that enables them to obtain employment in the food service industry. Their training enables them to experience serving the community in real-world catering opportunities. Students of all ability levels succeed in this program because it is designed to teach employability skills and service learning for lifetime success.
Robert Hand, a Family and Consumer Sciences teacher at Mount Vernon High School, was selected as the 2019 Washington State Teacher of the Year.

Robert Hand began teaching Family and Consumer Sciences at Mount Vernon High School in 2013. He has taught Beginning Foods, Life After High School, Careers in Education, Nutrition, and Leadership. He has also been an adviser for Family, Career, and Community Leaders of America (FCCLA) and Social Justice Club.

Robert has an intuitive gift in reaching out to students. Any other teacher would have given up on me,” read the letter. Undocumented and pregnant at 16, Robert Hand’s unnamed former student recounted how the Mount Vernon High School teacher encouraged her to pursue her education despite serious disadvantages.

Another student shared “Mr. Hand got to know my struggles and did what a lot of other teachers didn’t: He actually acknowledged them. After this, he didn’t lower his expectations of me because he knew I was as capable as any other student who had the privileges I didn’t. With Mr. Hand’s support, throughout high school I got to discover my true potential. When I enrolled in Skagit Valley College, I kept that, ‘I can do anything’ mindset that Mr. Hand taught me. I am about to transfer onto a 4-year university and pursue a career as an educator. None of this could have been possible without Mr. Hand always being by my side – “no matter what.”

The missive helped earn Hand the 2019 State Teacher of the Year award.

The Board would like to congratulate the Yakima FCS association for continuing to serve our profession. Their focus for this year is “Improving the Health and Well Being of a Changing Society.” They meet the second Tuesday of the month at the homes of their members on a rotating basis. Their membership includes 24 dedicated Family and Consumer Sciences professionals.

We look forward to seeing their members at Fall Conference at the Great Wolf Lodge, Grand Mound, WA on October 20-22, 2019.

A special thanks to Beryl Lenington Jones for sharing the updated information.
Washington FCS Annual Conference
Calling for Presenters

If you want to custom tailor Washington FCS Annual Conference then please send speaker/presenter ideas to your section president—Andrew Chamberlin. Nothing is off the table. Some suggested areas might be -

- Panel on Making a Difference. All recent recipients of awards for excellence that highly benefited members of their community.
- Kathy Hahn sharing what’s new for FCCLA. Sharing how WAFCS/FACSE can benefit future leaders in FACS.
- Retirement planning
- Investment seminars
- Savvy use of the Internet
- How to keep and maintain mind, body and soul for all ages,
- Family supports in crisis
- Aging parents
- Teen challenges
- Life threatening illness of family members & how to cope
- Managing finances in a changing society
- Healthy choices- diet and exercise
- International membership- what’s in it for you?
- Add your own ideas!
**Letter from the President**

Happy May WAFCS Members!

My name is Andrew Chamberlin and I am honored to be your WAFCS president for the 2019 year. Let me take a minute to share with you some goals that our executive board are working towards as well as some accomplishments that have happened so far.

One of our biggest driving forces for this year’s executive board and committees is on membership. As a board we have come up with the idea of sending out postcards to all our current members. This postcard gives a nice welcome and thank you for being a member with us, as well as some big announcements that are happening. We hope that these postcards serve as a reminder throughout the year about this organization and that we care about you! We hope that you will be looking forward to a postcard from us in the mail.

Another way our board is working on membership is through reaching out to our student group of AAFCS at our local universities. Last month the student unit group invited WAFCS to speak about AAFCS as an organization. During the time at our meeting, we were able to speak to some of the students about their future careers in the field of FCS and building connections to professional organizations. This was a wonderful opportunity that we were glad to take part of.

Some other big-ticket items our board has been working on this year include renovating our website, co-planning the 2019 annual conference, and assisting with FCCLA state conference back in March. Each of these actions reflect what our board is representing, which is being a face to all Family and Consumer Sciences members in the state of Washington.

Moving forward for the rest of the year, one of our big focus is to recruit more members to join our executive board and committees. We are looking to bring in new members who are interested and excited to gain organization experience. We want you to join us and help build the future for WAFCS.

Everyone on the board is proud to serve all WAFCS members. We look forward to talking to you at our annual conference and encourage you to join us at our general business meeting during the conference. If you want to express your ideas or thoughts, you can always reach out to us through email. Thank you for being a member of WAFCS!

Best Wishes,
Andrew Chamberlin
WAFCS 2019 President
FCCLA Director Changes

Debby Handy (pictured center above) worked tirelessly for decades guiding FCCLA students and their advisors through a multitude of State competitions. We can not thank her enough for her dedicated long service to student leadership development. Both students and advisors will miss her constant smile of approval and ability to meet all the challenges that are presented being the State Director of FCCLA.

With the retirement of Debby Handy as Director of FCCLA, Kathy Hahn has accepted the leadership post. Kathy has served for many years as FCCLA advisor in the Lake Stevens School District. Her students have competed at the State and National FCCLA competitions with multiple awards and accomplishments. FCCLA will continue to flourish with Kathy at the helm. She is well grounded and knowledgeable in all aspects of FCCLA. Students and their advisors are in good hands.

Newest Member of WAFCS Board

Congratulations to Rene Ketchum our new nominations chair. Rene has a rich history with the WAFCS & FACSE Boards having served as President to both boards.

Rene is extremely talented and resourceful in taking on challenges that support our profession. Please welcome her back to being on the WAFCS board in such an important capacity. She will spear head the quest for a new President Elect.

Home is Where My Story Begins

This is a fun link created by a passionate homemaker. Click or copy and paste the link for a ready smile.

https://www.facebook.com/homeiswheremystorybegins

Share your smile of approval and make someone’s day!
Family and consumer sciences educators in schools, extension, and higher education are in great demand. In 2014 the national Association of State Administrators of Family and Consumer Sciences and FCCLA started a recruitment movement. In 2018 the National Partnership to recruit, prepare, and support Human Sciences / Family and Consumer Sciences Educators has been awarded a U.S. Department of Agriculture (USDA) Grant in the award of $748,188, plus additional matching funds from AAFCS, FCCLA and SUNY Oneonta, for a total of $936,572. In addition, 14 FCS professional organizations and partners have agreed to work together to holistically address the need to increase the number of qualified FCS educators for the workforce.

We need YOU! The partnership invites you to participate in the following event and activity:

The Partnership to Recruit, Prepare, and Support FCS Educators- Summit for Action
This event follows the 110th AAFCS Conference and Expo in St Louis, Mo. on Wednesday, June 26th from 2-5:30pm. Dr. Nancy Franz, the keynote speaker at the AAFCS conference will present a “train the trainer” workshop to assist participants in skill building to craft their FCS story, develop themes and strategies to put forth a strong public value for the profession, and provide resources and tools to promote FCS education careers and advocate for high quality FCs programs. She will provide a flash drive and handbook for all participants. The session will enable participants to develop workshops in their own states and regions.

Washington State Action Team-
Dr Deborah Handy is leading a team of individuals, stake holders, and advocates creating a state plan for recruiting FCS Educators and supporting FCS programs. Action Team activities this year include:

- information sessions for both advisors and students at the state FCCLA Leadership Conference
- a signing ceremony for high school seniors pledging to seek a degree as an FCS educator.

We invite you to join the Washington State Action Team to help us move the Say Yes to FCS effort forward. You may indicate your interest by completing the form found in the link below.

Link to interest Survey: https://goo.gl/forms/SBcYrcr6TA02cfRc2

If you have any additional questions please contact handy@cwul.edu or berghkm@gmail.com
WAFCS Annual Awards

It is time to acknowledge and celebrate the work and achievements of our membership and supporters. Anyone can nominate a deserving professional or group. The nomination process varies with each award, but overall it does not take long to fill out the forms. WAFCS is pleased to accept nominations for Teacher of the Year, Professional of the Year, New Achiever, and Group Contributing to the Betterment of Families.

The nomination process varies for each award and the application forms are available on the WAFCS website on the Governing Documents/Awards & Recognition Page.

Questions can be directed to-
Karen Bergh,
WAFCS Awards & Recognition Chair
berghk@cwu.edu

All applications are due by September 1, 2019.

Teacher of the Year

The AAFCS National Teacher of the Year award was established in 1974 to recognize exemplary teachers who utilize cutting-edge methods, techniques and activities to provide stimulus and visibility to family and consumer sciences in elementary and secondary education.

The Washington Affiliate Teacher of the Year will be eligible to be considered for the AAFCS National Teacher of the Year award and will present their program at the 2020 AAFCS Annual Conference in Baltimore, MD.

Professional of the Year

The Professional of the Year was established to identify and honor Family and Consumer Sciences professionals who have made significant contributions to the field through their involvement with AAFCS.

What better way is there to honor the achievements and contributions of a fellow professional? There is no higher sign of respect than peer recognition.

New Achiever

The New Achiever Award has been established to identify and honor emerging family and consumer sciences professionals who have exhibited the potential to make significant contributions to the field through their involvement with WAFCS.

The Washington Affiliate recipient will be eligible to be considered for the AAFCS New Achiever Award at the 2019 AAFCS Annual Conference in St. Louis.

Group Contributing to the Betterment of Families

Do you have a business or non-profit group in your town that has made a difference in your community? Nominate them! The group can represent news media, government, education, human welfare, business, and/or industry.
Sharlene Kato
Washington State Delegate to International Federation for Home Economics, IFHE.
Join Sharlene for a cultural evening in St. Louis. If you would like a pdf file please contact kato@spu.edu or see their website- https://www.ifhe.org/

IFHE-US 2019 CULTURAL EVENING
June 23, 2019
7:00 – 9:00 p.m.
Hampton Inn St. Louis Downtown at the Gateway Arch
333 Washington Ave.

Join us for an exceptional evening celebrating Syrian Cuisine and learning about the Syrian refugees who have settled in the St. Louis area. Mawda Altayan will prepare a variety of Syrian dishes. Mawda’s catering business, DamascusFoodSTL, started from her involvement with Welcome Neighbors STL and their Supper Club events. She will talk about her family’s experiences settling in St. Louis and how she got started in business. Jessica Beuler, from Welcome Neighbors STL will discuss their Supper Clubs and how they support refugees in the St. Louis area.

Ticket cost $80, $40 for students - includes light dinner and donation to IFHE Development Fund
(Seating is limited to 75 on a first come basis)
Proceeds from this event support the IFHE Development fund providing grant funds to home economists across the world. The next round of grants will be presented at the IFHE 2020 World Congress.

PRE-REGISTRATION IS REQUIRED
Your registration is secured by receipt of your registration form and check.
Mail to: Dr. Joyce Cavanagh, 4219 Camber Court, College Station, TX 77845
Please make checks payable to IFHE-US Development Fund.

NAME________________________________________
ADDRESS________________________________________________________________________
EMAIL________________________________________

Number attending ________ * $80 = __________
Number attending ________ * $40 = __________
I cannot attend but am enclosing a donation. __________
Total enclosed __________
Washington Affiliate Newsletter

Thank you to the members who contributed to this issue of the WAFCS Newsletter.

The newsletter is published twice annually. Submission of articles is appreciated and welcomed by the Executive Director. The deadlines are April 1st and August 1st of each year. The newsletter is mailed approximately six weeks after the deadline. If you would like to contribute articles, send them to:

Dr. Vivian Baglien
Executive Director
washingtonafcs@gmail.com

AAFCS is the only professional association that provides leadership and support to Family and Consumer Sciences students and professionals from both multiple practice settings and content areas.

WAFCS Calendar of Events
WASHINGTON ASSOCIATION OF FAMILY AND CONSUMER SCIENCES
2019 Betty Lamp Directory/Calendar of Events

May 11  Audit Review, CWU
CWU 9:00 AM

May 11  WAFCs Strategic Plan Session
CWU 10:00 AM – 12 Noon

May 11  Spring Executive Board Meeting
CWU, 12 Noon - 4:00 PM
Mid-year reports due

June 23-26  AAFCS Annual Conference
St. Louis, Missouri

July 27  Executive Board Meeting
10:00am Zoom Teleconference or
Possible meet up at Dr. Karen Bergh’s property
Shelton, WA.

Oct. 1  Budget Committee Input via email

Oct 20-22  Washington FCS Annual Conference
Great Wolf Lodge, Grand Mound

Oct. 20  Fall Executive Board Meeting (Proposed)
Committee Plans due for 2020
Turn in year-end reports

Oct. 21  General Business Meeting (Proposed)
Elections and Installation

CONNECTING PROFESSIONALS. TOUCHING LIVES.